

what's on

community activities & events

Even more on www.wown.live

December 2022 - March 2023

Weston & Newbridge

What's On is run as a not-for-profit enterprise by All Saints Church along with the support of the other churches in Weston and Newbridge, Bath.

All Saints
A CHURCH ON THE WAY

Christmas events and a New Year Treat

We have lots to celebrate this Christmas so check out all the events inside the magazine. Some highlights are...

If you are looking to get some Christmas shopping done why not head to the **Weston Village Christmas Fayre** on Saturday 3 December, 11:00^{am} to 3:00^{pm} at **All Saints Centre**. There will be lots of lovely local crafts with refreshments to sustain you whilst you shop.

If you like to sing carols at Christmas then there are lots of carol services at the local churches. You could also join in with **Carols in the street** on Saturday 10 December at 4:00^{pm}. Meet outside **Weston Parish Hall** and sing along the high street. Or you can join **Carols at Bath Rec** on Wednesday 7 December at 6:30^{pm} on **Bath Recreation Ground**. You can get a free ticket to enjoy traditional carols, a live brass band, mince pies and mulled wine.

We wish everyone a very Happy Christmas!

Take a tour around Weston Village on your mobile and on foot

The tour includes all the information about Weston that's on the Village Map. Now you can access it on your mobile, and walk round the village to find all the interesting buildings and places, and learn about the history of Weston.

Just scan the barcode, or go to www.futureweston.org.uk/village-tour



Weston Village Pantomime is back with

A LADD IN WESTON

Thurs 2, Fri 3 and Sat 4 Feb
in All Saints Centre

Turn to page 5 to find out more details on how to get your tickets



ACTIVE WESTON

Sports and Leisure in Weston Village

At a big public meeting in October, it was decided to start a new organisation in the Weston and Newbridge area called Active Weston. The purpose of this new community association is to encourage active participation in sport and leisure activities by people of all ages and abilities in the Weston and Newbridge area.

A Steering Group has been formed, and research is under way into what local people would like to happen in this area, and what new facilities would be welcomed.

There is a big opportunity to encourage more varied uses of Weston Rec, including installing new facilities; alongside making maximum use of the newly restored ballcourt at Weston Hub; and encouraging other sports and leisure activities

in the area.

The Active Weston Steering Group would love lots of us in this area to be involved in one way or another, and are asking for ideas and suggestions.

So if you are a young family, an active sports person, an older person, a teenager, a person with disabilities, a dog walker...if you love the countryside, love walking or rambling or cycling, love flying kites, love any sport, want to learn a new sport, want to train young people, have some great ideas, whatever it is...then please let us know.

And if you would like to know more, or get involved, or ask any questions, we would love to hear from you. Contact either Duncan Nash duncan@nashandcobath.co.uk or Peter Heywood peter@heywood.co



Be Featured

Please see www.wown.live/advertise for full details. Next issues deadline is 24/02/2023

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Getting noticed

If you plan a new event or activity in the next few months and want to publicise it around Weston and Newbridge, just contact the editor and we can put it on the **What's On** website www.wown.live

You can also be featured in the next edition of this magazine, which will be the April- July 2023 publication. Next issue deadline is 24/02/2023
Contact Naomi at naomi@allsaintscentre.org.uk

Open Hub

Mondays at Weston Hub

From 12:00pm to 2:00pm

Welcome Café

Come and enjoy a 3 course lunch. There's nothing to pay. Just relax, and have a good meal.

Citizens Advice

Now we are in Weston! Don't miss out. You might be missing out on money that you are entitled to. Come and find out more: Fuel...Pensions...Benefits... Disability...Council tax...Carers.

It's completely confidential, so nothing to worry about

Clean Slate

Any problems with money? Where does it all go? Why is there never enough? We can help you make your money stretch further, check you're getting the correct benefits, and look for vouchers. Come and find out more. It's all confidential.

Weston Food Club

Join the club and look round the shop for what you need. Load up some boxes, and only pay £1 per box. It's really good value.

Open Hub is organised by All Saints Church, Weston. Weston Hub is on Penn Hill Road, next to the back entrance to the RUH.

INTERIOR FASCINATION

New on Weston High Street:

*Our philosophy is simple –
- a home should be effortlessly
stylish with an emphasis on quality.
- timeless yet contemporary design,
produced sustainably and ethically.*



Gifts, cards, jewellery, home
Come and see for yourself

134 High Street, Weston, Bath 01225 471300
Opening hours 9.30am to 5.00pm
Tuesday to Saturday



Our Churches

Christmas Services

All Saints Church

Advent Christingle Service

Sunday 4 December | 11:00^{am}

As part of our all-age service join us to mark the start of Christmas and remind ourselves once again that Jesus is the light of the world.

Carols in the street

Saturday 10 December | 4:00^{pm}

Meet outside Weston Parish Hall

Sing lots of carols along the high street. Finish with mince pies and mulled wine. Bring a lantern (if you have one).

Carols by Candlelight

Sunday 18 December | 6:30^{pm}

A (mostly) traditional Carol Service with readings, carols and music from the All Saints Christmas Choir. Come early to get a seat and stay afterwards for mulled wine and minced pies.

Crib Service

Saturday 24 December | 4:30^{pm}

Add to the excitement and expectation of Christmas by coming to the popular Crib Service inside and then with fire pits outside. Come as a wise man (or woman), or a shepherd, or an animal. Bring your lanterns and torches.

Midnight Communion

Saturday 24 December | 11:00^{pm}

See in the early hours of Christmas Day in a special way by attending midnight communion.

One Church Christmas Service

Sunday 25 December | 10:30^{am}

Celebrate Christmas Day at All Saints. Bring all of your family for carols, fun and Christmas inspiration.

St Martin's Church

Christmas Carol Service

Sunday 11 December | 3:00^{pm}

Christmas Day Communion

Sunday 25 December | 9:00^{am}

St Mary's Catholic Church

Advent Holy Hour

Every Sunday in Advent, starting 27 November | 3:45^{pm}

Adoration in front of the Blessed Sacrament

Advent service with the pupils of St Mary's Catholic Primary School

Tuesday 13 December | 6:00^{pm}

St Mary's Church, Julian Road

Christmas Concert with the Smithy Singers

Saturday 17 December | 7:00^{pm}

St Mary's Church

Refreshments in the Parish Centre afterwards.

Christmas Carol singalong

Thursday 22 December | 7:00^{pm}

St Mary's Parish Centre (behind the church)

Followed by mulled wine and mince pies, in aid of St Mary's parish St Vincent de Paul group.

Christmas Eve

Masses at 5:00^{pm} and Midnight (Carols from 11:45^{pm})

Christmas Day

Masses at 9:00^{am} and 10:30^{am}

Emmanuel Church

Bereavement Service

Saturday 3 December 4:00^{pm}

Carol Service

Sunday 11 December | 6:30^{pm}

No morning service

Christmas Service

Sunday 25 December | 10:00^{am}

New Year's Day Service

Sunday 1 January | 4:00^{pm}

No service at Emmanuel Church, combined service with Grace Church at St John's Church.

Weston Free Church Moravian

Carols by Candlelight

Sunday 18 December | 6:30^{pm}

Followed by mulled wine, mince pies and tea/coffee

Christingle Service

Saturday 24 December | 4:30^{pm}

Christmas Day Service

Sunday 25 December | 10:00^{am}

Grace Church

International Carol Service

Sunday 18 December | 1:00^{pm}

All-Age Christmas Eve Service

Saturday 24 December | 4:00^{pm}

New Year's Day Service

Sunday 1 January | 4:00^{pm}

Combined service with Emmanuel Church

St Mary Magdalene Church | Langridge

Christingle

Sunday 11 December | 11:00^{am}

Christmas Carol Service

Sunday 18 December | 3:00^{pm}

Christmas Communion

Sunday 25 December | 9:30^{am}

Regular Services

St Mary Magdalene Church | Langridge

Weekly Sunday services | 9:30^{am}

1st Sunday | **BCP Morning Prayer**

2nd Sunday | **CW Holy Communion**

3rd Sunday | **CW Morning Prayer**

4th Sunday | **BCP Holy Communion**

5th Sunday | **Details in porch**

Weston Free Church Moravian

Sundays | 11:00^{am} | **Family Worship**

1st Sunday | **Cafe Church**

informal, fun and family friendly

4th Sunday | **Holy Communion**

Emmanuel Church

Sunday | 10:00^{am} | **Morning Worship**

2nd Sunday of the month |

Holy Communion



Grace Church

Sundays | 4:00^{pm} | **Afternoon Service**

3rd Sunday | **Holy Communion**

We meet at St John's Church every week, with refreshments before and after the service, children and youth groups and a kids' tea after the service.

All Saints Church

Details of our services can be seen below with more information available on our website too.

www.allsaintsweston.org.uk/churchservices

9:00^{am} | **Sanctuary**

In Church, quieter service with worship, teaching and prayer.

11:00^{am} | **Engage**

Engage is for everyone, with a band for sung worship, plus teaching and prayer. Children groups will be running in the centre from 10:55^{am}. An all-age service on the 1st Sunday of the month.

Encounter

Sundays | 5:00^{pm} (from January)

A relaxed church family gathering with space for worship, Bible reflection and for everyone to contribute. Led each week by a different group.

Tuesday Morning Service

Tuesdays | 10:30^{am}

Everyone is welcome to meet for a time for worship and prayer. Refreshments are served afterwards for people to stay and chat.

St Mary's Catholic Church

Mass times

Sundays | 9:00^{am} | 10:30^{am} | 5:00^{pm}

Wednesdays, Fridays and Saturdays
10:00^{am}

Coffee after 10:30^{am} Mass. Everybody welcome! If you would like to join the team, please talk to those serving the refreshments.

Children's Liturgy of the Word takes place at the 10:30^{am} Mass every Sunday. It takes place in the sacristy & is open to children up to pre-First Holy Communion stage. Its' themes run in

parallel with the main Mass covering the penitential rite & the Gospel of the day. Parents are welcome to come too. You can watch the Masses via www.Churchservices.TV/Bath and on the homepage of our website. The Sacrament of Reconciliation (Confession) is available **after 10:00^{am} Mass on Saturdays**, and by request (also available in French and Spanish).

Mondays: Lectio Divina Group.

We use Divine Reading to lead our reading & sharing of the Gospel for the next Sunday. We meet **fortnightly 7:30^{pm}** via Zoom to share a portion of scripture chosen by a group member. Info: Graham via the Parish office bath.stmary@cliftondiocese.com

Bath Methodist Church

Although the building at the top of Chelsea Road is still used extensively by the community it is no longer a place of worship on Sunday mornings. The congregation is now part of the Bath Methodist Church. Services of Praise and Thanksgiving are held at two other Methodist Churches in Bath: **Walcot Chapel, London Road** and **Southdown Methodist Church Centre** on the Hollow. Both services start at 10:30^{am} on Sundays. Every second Sunday of the month the Methodist Members living in Weston and Newbridge share worship with the Weston Free (Moravian) church.

Contact the Churches

Weston Free Church Moravian

**At the roundabout at the top of
Weston High Street**

www.bathmoravianchurch.org.uk

Weston Methodist Church

Newbridge Hill, Bath, BA1 3PW

www.westonmethodistbath.org.uk

All Saints Church

Church Street, Weston, BA1 4BU

01225 447663

office@allsaintsweston.org.uk

www.allsaintsweston.org.uk

Visit the Church Office at All Saints Centre, High Street, Weston, BA1 4BX
Mon-Fri | 9:00^{am} to 5:00^{pm}

St John's Church

Upper Bristol Road, Bath, BA1 3DD

Emmanuel Church

Aspley Road, Bath, BA1 3LP

01225 428818

admin@emmanuelchurchbath.org

www.emmanuelchurchbath.org

Grace Church

**Meeting at St John's Church, Upper
Bristol Road, Bath, BA1 3DD**

01225 428818

admin@gracechurchbath.org

www.gracechurchbath.org

St Mary Magdalene Church

Langridge Lane, Langridge, BA1 8AJ

01225 336124 | Tony Davies

www.stmarymagdalenelangridge.com

St Martin's Church

North Stoke, Bath, BA1 9AT

Please contact All Saints Church.

St Mary's Catholic Church

Julian Road, Bath, BA1 2SF

01225 311725 | Mgr Jeremy Rigden,
parish priest

01225 314114 | Charlotte Boyall,
parish administrator

bath.stmary@cliftondiocese.com

www.stmarysbath.org.uk

[www.facebook.com/
stmaryscatholicchurchbath](http://www.facebook.com/stmaryscatholicchurchbath)

[www.facebook.com/
stmaryscatholicchurchbath](http://www.facebook.com/stmaryscatholicchurchbath)

All post to **4 Harley Street, Bath,**

BA1 2SF

All services live-streamed via

www.churchservices.tv/bath



Dates for your Diary

January

Wessex Auction Rooms free valuation day

Thursday 19 January

10:00^{am} to 3:00^{pm}

All Saints Centre

Got items that you've inherited that you're not sure what to do with? Jewellery you no longer wear, or silver you're fed up of polishing? Vinyl sat in the loft from your rocker days? Die-cast, Star Wars or Lego your now grown-up kids have left behind? If you've got antiques and collectables you've always wondered about, bring them along down for a free valuation with Izzie Balmer (from BBC's Antiques Road Trip and Bargain Hunt) and the Wessex team with the opportunity to enter into a forthcoming auction.

01249 720888

enquiries@wessexauctionrooms.co.uk

February

Weston Village Pantomime 'A Ladd in Wefton'

Thurs 2, Fri 3 and Sat 4 February

Performances: 7:30^{pm} and 2:30^{pm}

Saturday matinee

All Saints Centre

Good News! Oh, yes, it is. Coming to a village venue near you, the All Saints Weston Village Pantomime is back. Book the date, put all your worries aside and come prepared to meet a host of crazy, loveable characters who will bring a tear to your eyes and a smile to your face. Oh, yes, they will. Tickets available from All Saints Centre from 3 January 2023. Tickets - £9 | £8.50 | £6 | Family £24 (2 adults, 2 children). Please note there is no allocated seating. Pop in, order online

www.allsaintscentre.org.uk or call
01225 470171

December

Weston Village Christmas Craft Fayre

Saturday 3 December

11:00^{am} to 3:00^{pm}

All Saints Centre, High Street

We have lots of lovely local craft stalls so come along and start your Christmas shopping with us. We will also be serving refreshments. £1 Admission (50p for children 5 and over, £2.50 for families). For more information go to

www.allsaintscentre.org.uk

The Urban Garden Christmas Wreath making workshops

Saturdays 3 and 10 December

For booking see

theurbangarden.org.uk/workshops

Oldfield School Christmas Fair

Saturday 3 December

11:00^{am} to 1:00^{pm}

Oldfield School

We are delighted to be able to invite you once again to our annual Christmas Fair, taking place here at school. Highlights of the Fair include: musical performances by students, stalls run primarily by students and others associated with Oldfield School, high quality Nordman Christmas trees for sale, refreshments run by the Oldfield School Association (OSA) and a raffle for some great prizes. The OSA will also be running a nearly new uniform sale at the Fair this year.

Polar Plunge for RUHX

Sunday 4 December

West Country Water Park

Make a splash this winter and take the plunge for RUHX, whilst raising money for your local hospital, the RUH. Join family and friends and do something unforgettable by taking a dip in the cold waters of West Country Water Park. Whether you're a seasoned swimmer, or new to the hobby, cold water dipping is for everyone. For more information and to sign up, take a look here - **https://ruhx.org.uk/events/polar-plunge**

Carols at Bath Rec

Wednesday 7 December | 6:30^{pm}

Bath Recreation Ground

You're invited to this year's Carol at the Rec on Wednesday 7 December. With traditional carols, a live brass band, mince pies, mulled wine, family fun! Book your free tickets and find out more at **carolsattherec.com**

This event is brought to you by Grace Church Bath, with the support of Bath Rugby and Bath Recreation. There will be a charitable collection – all proceeds go towards the work of Bath Rugby Foundation.

Oldfield School Christmas Concert

Wednesday 14 December

7:00^{pm} to 9:00^{pm}

Oldfield School

We would like to invite you to our annual Christmas Concert. Mince pies and mulled wine will be on sale during the interval. Please come along to celebrate the Christmas festivities and support the students and staff. Please email into **enquiries@oldfieldschool.com** to reserve your complimentary seats. We look forward to seeing you there.



Volunteering

Love Weston Library

Our community library, run entirely by volunteers, needs your help with particular activities. We need someone to help promoting and publicising the library through our website and Facebook page. More volunteers are needed for Mary's Storytime, our delightful term-time session, reading stories and singing songs with very young children. Successful fundraising is essential to keep the library running and we would welcome anyone who has expertise or an interest in this area. Please contact us if you could help volunteers@lovewestonlibrary.org.uk

Love Weston Cafe

The café is run by a team of volunteers from the local Churches and the community. We are on the look out for new volunteers to join our friendly team. So if you think you would like to help on a Friday serving customers or making cakes or helping in the kitchen, then please do get in touch with Shirley Ward at the café or shirleyward@btinternet.com

Weston Welcome Cafe and Food Club

Helping cook, serve food, chat with customers.
welcomecafe@allsaintsweston.org.uk or **07470 262372**

Home Library Service

Taking books to housebound people
library_volunteers@bathnes.gov.uk
01225 395968

Mentoring Plus

Supporting vulnerable children
volunteering@mentoringplus.net
www.mentoringplus.net
01225 429694

Wildlife Haven at Broadmoor Lane

Working outdoors
friendsoftheorchardbath@gmail.com

Bath and District Samaritans

Helping distressed people
bath@samaritans.org

Weston Litter Group

1st Saturday of each month
9:30^{am} for 1 hour
3 Dec | 7 Jan | 4 Feb | 4 Mar
We meet at Moravian Church car park (High Street roundabout)
Are you fed up with the growing amounts of litter on our streets, footpaths and hedgerows? We cover all areas of Weston (roads, parks, footpaths) and are keen for more people to come and help out. All equipment is provided by us and bags are collected by BANES Council. For further information, contact Chris Nicholson **01225 442519**
Twitter [@WestonLitter](https://twitter.com/@WestonLitter)
www.facebook.com/groups/westonlittergroup

Bath Share and Repair

Repairing broken items (electrical, mechanical, clothing, etc)
hello@shareandrepair.org.uk or call **07486 518197**

Primrose Hill Woodland

Helping to look after this beautiful woodland above Weston Village
www.primrosehillwoodland.com

Lansdown Lane & Weston Lane Community Speed Watch (CSW) groups

There are two Community Speed Watch groups in Weston: on Weston Lane and Lansdown Lane. We aim to run at least one session per week in each location, often (but not

exclusively) focussing our efforts on peak traffic times in the morning and mid-afternoon. We are volunteers who monitor traffic speeds on behalf of Avon and Somerset Police. For more information about how it works, please go to: www.avonandsomerset.police.uk/csw
We always need more volunteers, so please get in touch if you'd like to come and join a session to see what we do, and decide if you want to join a team. Email Ruth Malloy (Lansdown Lane CSW coordinator): lansdownlane.csw@gmail.com
Email John Sismey (Weston Lane CSW coordinator): westonlaneba3101@gmail.com

Friends of Newbridge Park

Newbridge Park is a small well used Park with a Children's play area situated at the end of Newbridge Road (Upper Bristol Road) between the Caravan Park/Marina and the petrol station. The Friends of Newbridge Park arose out of a group of concerned citizens who wished to have a say in the parks future - to see it flourish for the benefit of local residents and anyone else that wants to use it. There are some small projects planned and if anyone is interested in supporting us please contact Andrew Tapper atapper@virginmedia.com or look on our facebook page.

Girlguiding

Come and help the amazing local Girlguiding volunteer teams, provide even more fantastic activities and adventures for girls and young women in Weston and Newbridge. You'll be supporting the Rainbows (4-7), Brownies (7-10), Guides (10-14) or Rangers (14-19) to share their ideas, learn new skills and have fun along the way. Choosing activities from our core programme, they could be den building, holding a cake sale for charity, designing a robot or



exploring ideas on fairness.

Groups meet on weekday evenings at different local venues. We are looking for further adult volunteers for these groups and potentially to open new ones. Our volunteering opportunities are flexible, are supported by on-line training and a great way to meet new people. To find out more email

northwest@girlguidingbath.org.uk

or register your interest at

www.girlguiding.org.uk

The Boys' Brigade and Girls' Association

We are really concerned about the adverse effect on our young people from being isolated during the recent pandemic. We are seeking volunteers to help get our young people to living their lives to the full.

Our Anchors and Juniors (Ages 5 to 10) meet on a **Monday evening 6:00pm to 7:30pm** and our Company and Seniors (Ages 11 to 17) meet on a **Friday 6:15pm to 9:00pm** and we meet at the Free church in Weston. As well as offering the magic of working with young people, we are also able to offer volunteers the opportunity to experience adventurous activities using our own equipment with tuition and training given. This is in addition to the usual sharing of skills for things like crafts and the teaching of fair play. We are also able to offer those volunteering with us who are under 25, the opportunity to gain their Duke of Edinburgh's Award, including the very prestigious Gold award. Full leadership training is available to volunteers including online tuition. Volunteers will be required to undertake Safeguarding training and complete a Disclosure Check. We also offer musical tuition, so we are able to accommodate anyone looking to learn, improve and/or teach, from an extensive range of instruments.

Contact rob@bathbb.org.uk

07801 815592 for more information.



Future Weston is a Community Association of local people who feel passionately about the Weston Village area. Current and planned projects include...

- Planting and maintaining trees on the hillside above Purlewent Drive
- A big Weston Village 3-d map showing all our streets, together with points of interest and the history of the village, now on display outside the Parish Hall
- Weston Village Tea Towels, showing the village map, on sale at the Western Coffee Lounge
- Developing a Community Garden outside Weston Hub, for everyone to enjoy
- Community Garden outside the Moravian Church for meeting people and relaxing together. The benches are installed, and next comes the planting
- Developing more leisure and sports facilities on Weston Rec. The Active Weston steering group has now been formed to take this forward
- Arranging Tidy up Weston community events, to help clear litter and weed our streets
- Encouraging the planting of more plants and flowers in different areas in the village
- Working with the Council on improvements to Weston High Street
- Installing street signs saying Welcome to Weston Village

If you'd like to be involved in any of these things, or have other ideas please contact Peter Heywood on peter@heywood.co

Meet your Councillors

Our local Councillors try to deal with all sorts of local issues such as traffic, parking, waste, overgrown hedges, vandalism, graffiti and some problems relating to housing (social landlords such as Curo). This list is not exhaustive, but often if they are not able to help personally, they can point residents in the right direction. As your elected Councillors they are here to help, so please get in touch if there's anything you want to discuss.

Kingsmead Ward

Andrew Furse

andrew_furse@bathnes.gov.uk

01225 483218

Sue Craig

sue_craig@bathnes.gov.uk

01225 680783

Newbridge Ward

Michelle O'Doherty

michelle_o'doherty@bathnes.gov.uk

07748 787654

Mark Roper

mark_roper@bathnes.gov.uk

07732 028733

Weston Ward

Shelley Bromley

shelley_bromley@bathnes.gov.uk

Ruth Malloy

ruth_malloy@bathnes.gov.uk

07768 825722

Shelley Bromley and Ruth Malloy, your Liberal Democrat councillors for Weston, run a monthly drop-in advice session at **Weston Parish Hall (committee room)**. If there's anything you wish to discuss, please come along. You can, of course, email us at any time.

Next dates: **11:00am to 12:00pm**

17 December | 21 January

18 February | 18 March



Needing Help?

Weston Welcome Café and Food Club

Weston Hub, Penn Hill Road, Weston

Mondays | 12:00^{pm} to 2:00^{pm}

More details on page 2 in Open Hub.

Warm Spaces

Feeling cold this winter? Heard of Warm Spaces? They're somewhere you can go to keep warm, even for only a few hours. And be sure to find a warm welcome, and refreshments or a meal. Wherever you are in the BANES area, you'll find a Warm Space – just look on the Council website. The Warm Spaces in the Weston and Newbridge area are at...

- **Love Weston Café**
Fridays | 9:00^{am} to 3:00^{pm}
at the **Moravian Church on the Weston roundabout**
- **Welcome Café**
Mondays | 12:00^{pm} to 2:00^{pm}
at **Weston Hub on Penn Hill Road**

SPA Peggy Dodd

Peggy Dodd Centre, Brierley House, Summer Lane, Combe Down, BA2 5JX

Supports those who suffer from memory loss, and their carers. Our Day Centre at Combe Down and our Home Sitting service are available to help you. **01225 835520**
info.peggydodd@gmail.com
www.peggy-dodd-centre.org.uk

Alcoholics Anonymous

Is drinking costing you more than money? Alcoholics Anonymous (AA) is very active in Bath and surrounding areas, with meetings every day, both online and in person. So, if you are having problems with your drinking then please call Peter on **07702 285528** for details. Visit our website at **www.alcoholics-anonymous.org.uk** or contact the National Helpline **0800 9177650**

The Hope Guide

This guide has a full list of support groups and activities in the BANES area, including Health and Wellbeing, One-to-one Support, and local and national helplines.

Visit **www.bridges2wellbeing.co.uk**

Community Services

Life Project Bath

The Old Acorn Barn, Englishcombe Rise, Englishcombe, Bath, BA2 2ES

The Life Project is a charity supporting people with learning disabilities and their parent carers. You are very welcome to phone **07708 217901** if you want to pay them a visit or find out about what they do. For further information their website is **www.lifeprojectbath.org.uk** and check out the 'SEND activities' section of this magazine (p.12) for more information on their activities in Weston.

Bath Share and Repair

Repair Cafes are at **Weston Hub** on **second Saturday of the month**

10 Dec | 14 Jan | 11 Feb | 11 Mar

All cafes run **10:00^{am} to 1:00^{pm}**. Drop-in before **12:30^{pm}** to ensure a repairer can check your item. At our Repair Cafes our volunteer repairers will try to fix your items for free - donations are welcome to help cover costs.

We look at clothes and anything electrical, electronic or mechanical. If you can't make one of the dates above, you can alternatively book an appointment at the Share and Repair Shop on George Street via **shareandrepair.org.uk/repairs**.

The shop is also home to the Bath Library of Things, with over 400 items (DIY tools, camping and event equipment, etc). Come visit us in person at **3 York Buildings, George Street, Bath, BA1 2EB** or **bathlibraryofthings.org.uk**

Libraries

Love Weston Library

Church Street, Weston

Tuesdays | 10:00^{am} to 12:00^{pm}

Thursdays | 3:00^{pm} to 5:00^{pm}

Saturdays | 10:00^{am} to 12:00^{pm}

Tuesday (during school term)

2:15^{pm} to 3:00^{pm} | Mary's Storytime

with stories and songs for pre-school children. We would welcome more volunteers to help with this delightful activity. All members of the local community are welcome to join our library, to browse our stock or collect and return pre-ordered books from LibrariesWest at **www.librarieswest.org.uk**. In addition to our loan stock, we accept donations of good quality, modern children's books. Find out more about the library and events at **lovewestonlibrary.org.uk** and follow us on Facebook

@LoveWestonLibrary

01225 427065 (during opening

hours) Email **volunteers@**

lovewestonlibrary.org.uk

Home Library Service

Volunteers from this service take books to people who are housebound or carers who find it hard to leave the house. If you are interested or know someone who would benefit, please contact **HomeLibraryService@bathnes.gov.uk** **01225 394041**

Mobile Library

The Mobile Library is now back up and running. You can find out details of the route at **www.bathnes.gov.uk/mobile-library-service**

Community Wellbeing Hub

For everyone in the B&NES area this provides a central place for you to access a range of services to improve your health and wellbeing.

Please give us a call **0300 2470050** and we will be happy to help you.



Food and Drink

The Chelsea Café

8e Chelsea Road, Bath, BA1 3DU

Charming and friendly coffee, cake and snack café. Free wi-fi.

01225 724121

No. 3 Café

3 High Street, Weston

Great coffee, brunch, lunch, afternoon sweet treats, supper clubs, tapas nights, cupcake parties.

www.facebook.com/coffeegirls3

Love Weston Café

Fridays | 9:00^{am} to 3:00^{pm}

In the Weston Free Church Hall (on the roundabout at the bottom of Lansdown Lane)

A friendly, accessible community café for local people – everyone is welcome. There is a children's play area. People of all ages come each week from babies a few weeks old to people in their nineties. We have a carpark and the bus stop is very close by. Enjoy delicious food and drinks at reasonable prices. We serve homemade soup and cakes made by our volunteers. For lunch we serve jacket potatoes, salads, paninis and toasted sandwiches. There is also a special on offer most weeks such as a Moussaka with salad.

Come and meet your neighbours and find out what is going on in the area.

The New Crown Inn

21 Newbridge Hill, BA1 3PW

A cosy and friendly pub for everyone with some nicely kept ales, good wine and freshly prepared bar snacks.

Parsons Bakery

16 Brookside House, Weston

3 Chelsea Road, Newbridge

Bakery, coffee, seating inside and out

www.parsonsbakery.co.uk

The Western Coffee Lounge

Weston High Street

Bistro, café, bar, coffee – open Monday to Saturday.

Scooter Sunday

For scooter enthusiasts. Rally round on the last Sunday of every month. From 11:00^{am} to 2:00^{pm}

Refreshments. Lunch.

01225 613555

www.facebook.com/thewesternbistro

Il Mercato di Bath

14 Brookside House, Weston

Authentic Italian delicatessen with a wide range of products, fresh produce and cooked meals.

01225 789069

ilmercato dibath.com

Locksbrook Inn

103 Locksbrook Road, Bath, BA1 3EN

Located on the bank of the canal serving classic gastropub dining, emphasis on fresh, home-cooked dishes.

01225 427119

reservations@thelocksbrookinn.com

The Old Crown

1 Crown Hill, Bath, BA1 4BP

The Old Crown provides freshly cooked food, lunchtime and evenings, in a warm, friendly environment.

www.facebook.com/theoldcrownweston

Weston Welcome Café and Food Club

Weston Hub, Penn Hill Road, Weston

Mondays | 12:00^{pm} to 2:00^{pm}

Health

Chiropodist - Home Visits

Jane Yates HPC Registered

07791 943852 or 01225 315451

Chiropody and Podiatry Surgery

Tuesdays | Courtyard Room at All Saints Centre, Weston

Jim Marshall BSc(Pod Med) MSCh HPC Reg. Home visits also available Telephone **01225 430077**

Foot Health Practitioner

Home Visits. Jackie Duffy MCFHP MAFHP. Telephone **01225 471207 or 07944 989137**

Weston Chiropractic Centre | Chiropractic and Sports injury specialists Dr Giles Courtis and Doctor Pippa Seaton

Apthorp, Weston Rd, Bath, BA1 2XT

Award winning Weston Chiropractic Centre offers assessment and treatment for neuro-musculoskeletal pain, sports injuries, Cranial Chiropractic and family wellness care as well as in house 1:1 Pilates rehabilitation, led by a regulated healthcare practitioner. To help support the local community during these unprecedented times we are offering £10 off any new patient consultations. Please mention the article when booking. Appointments or questions please call

01225 423333. More details please visit **www.apthorpcentre.com**.

Pilates courses available. Please enquire by phoning reception **01225 423333** or emailing **reception@apthorpcentre.com**



Physiotherapy, Chiropractic and Osteopathy Treatment

Physioimpulse is an established local company of Chartered Physiotherapists who offer hands on treatment and rehabilitation for all sports injuries and spinal injuries including neck, back, shoulder and knee pain. Our experienced team also offer joint injections, shockwave therapy, gait analysis for orthotics, acupuncture and Pilates to optimise your recovery.

We have clinics at:

Phase One Health Club

7-9 Comfortable Place, Upper Bristol Road, Bath, BA1 3AJ

3 Miles Buildings Clinic

(top of George St) Bath, BA1 2QS

Bath Rec Pavilion Clinic

Bath Recreation Ground, Pulteney

Mews, Bath, BA2 4DS

For appointments please call **01225 683007**. For more details please visit:

www.physioimpulse.co.uk

Natural Health & Wellness

Does your sleep, energy, mood, hormones, immune system, level of pain, stress or life generally, feel out of balance? Holistic treatments & Zyto personal wellness scans can allow you to take control of your physical and mental health and wellness, feel better, and live with more ease and joy.

Call **07931 699622** or email **claireldoig@gmail.com** for a free consultation and find out what's possible to improve your wellbeing.

<https://claireldoig.com>

www.facebook.com/ClaireLDoig

Instagram: [Claire_L_doig](https://www.instagram.com/Claire_L_doig)

Cranial and Structural Osteopath Roger Whalley

Experienced Adult and Paediatric Osteopath working in private practice in Upper Weston. Roger has extensive experience treating a wide range of complaints from work or posture related discomfort to a range of sports injuries and rehabilitation. He has specialist training and experience in treating babies, children, adolescents and pre/post-partum mothers. Roger is always happy to discuss whether treatment would be suitable. He was a senior member of faculty at The Osteopathic Centre for Children in London, teaches at the University College of Osteopathy, is a Registered Member of the General Osteopathic Council and a member of the Institute of Osteopathy. Roger employs strict infection control and staggers patients, further minimising infection risk. For more information visit **www.rogerwhalleyosteopath.com** or call Roger on **07784 956501**. Free private parking. Osteopathy is a regulated health profession.

Defibrillators

We have 4 defibrillators in the area
Tesco | in Weston High Street
Moravian Church | (on the wall in the car park) bottom of Lansdown Hill
Methodist Church | top of Chelsea Road
Oldfield School | (main reception) Kelston Road
If someone has a cardiac arrest, then this is what to do...

1. Call 999 and ask for the South West Ambulance Service. Tell them where you are.
2. They will give you a special code. Key this code into the keypad on the cabinet and it will open.
3. Get out the defibrillator. The Ambulance service will tell you what to do.



NAUGHTY
but nice

Hairdressing

20B Newbridge Road
Chelsea Road
Bath
BA1 3JX

01225 423 494

www.naughtybutnicebath.co.uk

Come and enjoy our
relaxed and friendly
atmosphere



Activities

Language Classes

Apprenez le Français Learn French with an experienced native teacher | Skype only

'One to one' lessons at any level
(from beginners to advanced)

whether you want to brush up your
language skills for a holiday or want
to improve your conversational skills.

I can also provide help with your
child's French examination (GCSE/A
Level) - DBS checked.

learn2speak_french@yahoo.com

French tuition face to face

From 3 to 12 yrs' old with native
French speaker who is an experienced
teacher. DBS checked. Based in
Newbridge /Weston area for after
school sessions. A bientôt!

annickw4@gmail.com

For Adults & Seniors

Bath Social Group Meet up

In various locations around Bath

Social events where friendships are
formed, including walking and almost
anything you can think of. We are
all year round and we average one
activity a day so plenty to choose
from. It is free to join the group of c.2k
members.

[www.meetup.com/bath-social-
group](http://www.meetup.com/bath-social-group)

Connect 1 & 3 | For adults in our community

A social get together every first and
third Tuesday of the month run by
All Saints: we'd love to spend time
getting to know each other better in
our corner of Bath!

Connect 1 | First Tuesdays

Dec and Feb: A film followed by a cup
of tea, starting at 2:00pm at **Weston
Hub, Penn Hill Road, BA1 4EH.**

Suggested donation £2

Mar: an easy 2/3 mile walk with cafe/
pub option for walkers and non-
walkers alike!

Jan: Bowls at the Leisure Centre

Connect 3 | Third Tuesdays

11:15am to 1:30pm | All Saints Centre

Brief 'Thought for the Day' and a
wonderful 2 course cooked lunch,
plenty of opportunity to meet and
make friends. Suggested donation

£5. For more information contact

Penny Faux **01225 337455**

penny@allsaintsweston.org.uk

Church Office **01225 447663**

office@allsaintsweston.org.uk

Concept Fitness 65 Experienced Personal trainer and age researcher for the Over 65s

25 years industry experience

arthur@conceptfitness65.co.uk

Services include: Fitness classes,
Fall prevention programs, exercises
for those with Parkinson's, MS,
low-level dementia or osteoporosis;
remedial massage therapy, functional
exercises to promote independent
living and an age muscle-wasting
prevention programme - all in the
comfort of your home on zoom or
in-person! Call Arthur for an informal
chat on **07971 245221**. Fully Insured
and DBS checked.

Parkinson's UK Bath and District Branch

Offers support and social activities
for people with Parkinson's. Coffee
mornings, usually with a speaker,
**3rd Saturday of month 10:30am to
12:00pm, Weston Free Church Hall
(Moravian), High Street, Weston,
Bath, BA1 4DB.** Midweek coffee
mornings, various days and locations,
including Frome, Midsomer Norton,
Keynsham, Gurney Slade, Stanton
Drew and Shepton Mallet. More
information at [https://localsupport.
parkinsons.org.uk/provider/bath-
and-district-branch](https://localsupport.parkinsons.org.uk/provider/bath-and-district-branch) or by email to
bathparkinsons@gmail.com
[www.facebook.com/
PDBathAndDistrict/](http://www.facebook.com/PDBathAndDistrict/)

Singing for the Brain

1st and 3rd Tuesdays | 2:30pm for tea
and coffee, singing 3:00pm to 4:00pm

Weston Free Church

You don't need to be a good singer to
benefit, join us for fun vocal warm-
ups and sing a variety of familiar and
new songs. Contact us to book your
place bath@alzheimers.org.uk or
01174 727921. alzheimers.org.uk

Butterfly Care Lunch Club

Wednesdays | 12:30pm to 2:00pm

Weston Free Church

Enjoy a delicious lunch and meet new
friends. The cost is £7.50 per person
for a 2 course lunch and a hot drink.
To book please ring **01225 835888**

University of the 3rd Age | U3A

Lectures, outings, study and activity
groups – literature, humanities,
languages, recreation, sciences,
visual arts, music. Please check the
website to see what activities have
been able to resume.

£15 annual membership fee

www.u3ainbath.org.uk

memadmin@u3ainbath.org.uk



St John's Good Living Service

The service offers all residents of Bath and North East Somerset aged 55 and over, a vibrant programme of activities and events, designed to support wellbeing and independent living and create an even more thriving community of mature people. These events take place at their

**Combe Park Community Hub,
Combe Park, BA1 3NF
Sewing Class**

Mondays | 10:30^{am} to 12:30^{pm}

Perfect for anyone that wants to make their own clothes or learn alterations and reshaping skills. Whether you're new to sewing, or more practised, our class is for all-levels. £5.

Cook and Eat Group

Mondays | 2:30^{pm} to 5:00^{pm}

Come along to learn new skills in the kitchen. £5.

Pilates Class

Tuesdays | 11:00^{am} to 11:45^{am}

By moving our bodies, we can make sure we stay healthy, while having fun. Our Pilates Class improves balance, strength, flexibility, focus and breathing. £3.50.

Arty Café

Tuesdays | 2:00^{pm} to 4:00^{pm}

A combination of art and mindfulness, the class helps attendees to create personal circular designs. £5.

Stitch Thursdays

Thursdays | 10:00^{am} to 12:00^{pm}

This is a relaxing group that allows you to connect with others, share ideas and learn a new skills while creating something beautiful. £5.

For more information on our Community Hub and wide-ranging activities programme or to book an activity email goodliving.enquiries@stjohnsbath.org.uk, call **01225 486401** or visit stjohnsbath.org.uk/what-we-do/supporting-older-adults/good-living-sessions

Goldies Sing and Smile

2nd Tuesday of every month | 2:00^{pm}

All Saints Centre

more information can be found at www.golden-oldies.org.uk/bnes.html Join your local daytime Goldies session for fun and friendship, you don't have to be able to sing, just love socialising and music. At Goldies we chat, laugh and sing-a-long to the popular hits of the 50s onwards with tracks from our Patron Sir Cliff Richard, Petula Clark, Elvis and more! Open to everyone, no need to book, only a £3 donation to attend our monthly groups. Contact the office on **01761 470006** or email events@golden-oldies.org.uk for more information

Lansdown Friendship Club

First Friday of each month

2:00^{pm} to 3:30^{pm}

**St Stephen's Church Centre,
Lansdown, Bath**

A welcoming group for people living with memory difficulties - and for accompanying family and friends - to meet, talk, share, relax in a café style setting. **01225 420946**
lansdownfc@ststephensbath.org.uk

Singing and Music

Private Clarinet Teaching

Friendly, experienced clarinet teacher in Newbridge. Teaching from home to all ages, beginner to advanced players. Lessons tailored to meet your musical requirements and goals. Fiona Haysom **07973 737291**

Playlist for Life Highlighting the 'me' in DeMENTia

We want everyone living with dementia to have a personalised music playlist, and for everyone who cares for, loves or supports them to know how to use it. We're a small

national charity with a network of community Help Points around Bath to support people to do that, and lots of free resources on our website to show you how music can help the person with dementia shine through. Contact us at info@playlistforlife.org.uk or on **041 404 0683** or visit www.playlistforlife.org.uk or www.facebook.com/playlistforlifeUK

For History Lovers

Weston Local History Society

3rd Mondays | 7:30^{pm} to approx. 9:00^{pm}

All Saints Church, Weston

19 Dec | Cyril Routley - A Life on the Ocean Wave

The experiences of the early passengers sailing to Australia on the S.S. Great Britain

16 Jan | Tom Peryer - St Alphege and Weston All Saints Church

20 Feb | Jim Pimpernell - The Earls of Berkeley and their Gloucestershire Estate in the 18th Century

20 Mar | AGM & Alan Clarke - Bath & Bristol's Hotwell in the 18th Century

Visitors and New Members very welcome-just drop in.

Fees: Individual £10 pa, Family £18 pa, and Visitors a donation.

For more information please call John Tucker on **01225 425030**

westonlocalhistorysocietybath.com

For Ladies Only

Weston Village Townswomen's Guild

3rd Wednesdays | 7:30^{pm}

Moravian Church Hall

New Members are most welcome and can come as visitors to see if it's something they would enjoy on a more regular basis.



For Ramblers

Free City Walks with the Mayor's Guides

We offer free City walks twice a day, Sun-Fri **leaving from outside the Pump Room at 10:30^{am} and 2:00^{pm}**, and 10:30^{am} Saturdays

Please visit our website

www.bathguides.org.uk for more information.

Bath Rambling Club

On Sundays, there are usually three walks, **meeting in Laura Place, Bath**; unless arranged with leader otherwise. Longer walks 9 + miles - **meet 9:00^{am}**. Medium: 7-9 miles and shorter walks: 5-7 miles - **meet 9:30^{am}**. Walks most Wednesdays, with travel by bus 7-9 miles or 4-5 miles. Refer to the website below for details. There is always a leader. Picnic lunches are taken, and the route is usually a circular one, from the start of the walk. Car transport can be shared (to include non-drivers.). Wear appropriate shoes, clothing for the varied weather, and carry water. The group is very mixed; conversation varied; experiences broad (comparable), with fresh views all around. If you are interested in trying a walk, or might consider becoming a member, visit:

www.bathramblingclub.co.uk (check for the day) and come along to try it out, one Sunday or Wednesday. For more info call Jacqui on **01225 975247 / 07770 751737**

For Garden Lovers

Weston Village Gardening Club

7:30^{pm} | **All Saints Church, Weston** (unless stated otherwise)

Friday 9 December

Christmas Social & Wreath Making at the Moravian Church

Thursday 12 January

Ten ideas for your garden from Japanese Gardens - Christopher Bond

Thursday 9 February

Patagonia - Hilary Little

Thursday 9 March

David Austin Roses - Mervyn Reed
Club membership to February 2024
£20

For more information visit

westonvillagegardeningclub.co.uk

Annie's Gardening Service

I am a friendly local one-woman gardening service. If you need help with light maintenance, planting, weeding, watering, and tidy-ups, or if you're looking for advice about what plants to choose and how to care for them, I'm here to help. Please call **01225 975548** or email annie@anniesgardening.com

The Urban Garden

The Smallest Garden Centre with the Biggest Heart. Find us just below the **Royal Crescent, Marlborough Buildings, Bath, BA1 2LZ**
Instagram [@urbangardenbath](https://www.instagram.com/urbangardenbath)
www.theurbangarden.org.uk

Friends of The Orchard at Broadmoor Lane

We run a number of community events at the Orchard on Broadmoor Lane each year including Summer picnic, Apple Day, hay making days, coppicing, pruning and tree planting work days and Wassailing in January. Please contact friendsoftheorchardbath@gmail.com or check out our Facebook page for more information.
www.facebook.com/BroadmoorLaneResidents

Are you concerned about protecting nature and the environment? Eco Together

We hear increasingly from scientists and naturalists such as David Attenborough that man-made climate change is the biggest threat we face, and that urgent action is needed to protect the future of humanity and all life on earth. But, how can we respond positively as individuals to such a big issue? One option is to join 'Eco Together', a new Bath based project, which provides a structure, information and ideas to work through in small groups over 5 sessions, with a focus on finding practical ways of making a positive difference as individuals and as a community. If you are interested in joining with like-minded people in a small friendly group in Weston and Newbridge you can find more information at <https://ecotogether2030.wixsite.com/info> or contact sueat38@gmail.com



SEND Activities

Parent Carer Drop-in

Tuesdays during term-time

10:00^{am} to 2:00^{pm}

Weston Hub, Penn Hill Road, BA1 4EH

For those who need space and time away from their caring roles. Become part of a supportive network of people who understand the challenges of caring for those with learning and other disabilities.

For further information contact:

info@lifeprojectbath.org.uk

Springs

2nd and 4th Monday of the month

7:30^{pm} to 9:00^{pm}

Weston Hub, Penn Hill Road, BA1 4EH

Springs is a fellowship group for adults from across the Bath area meeting to share news over a cuppa, worship together and learn more about God's great love for us (often through drama or other creative activities). For more information contact: **info@lifeprojectbath.org.uk**

Art Class

Craft and Chat

Usually 2nd and 4th Thursdays

2:00^{pm} to 4:00^{pm}

Emmanuel Church, Apsley Road

if you're new to us, please check our website **emmanuelchurchbath.org/craft-and-chat** or call to check that it is running **01225 428818**

Wednesday Art Group

Weston Parish Hall

Meets every Wednesday

12:30^{pm} to 3:30^{pm}

Why not call in to see what we are about, or for more info call Keith Sprules on **01225 469201**

Mindful Art

Every Tuesday | 10:30^{am} to 12:30^{pm}

Come and try our small friendly group designing and colouring/painting mandalas and contemplative circles

in a mindful quiet atmosphere .

All welcome whatever your art experience and all materials provided including compasses, rulers, templates and stencils.

£5 per session. More info at

www.stephenmagrath.co.uk

Weston Art Group

Thursdays term time

10:00^{am} to 12:00^{pm}

Weston Parish Hall

We are a friendly group who enjoy painting together and sharing tips and ideas, but do not have tuition as such. Further info from Jenny on

07772 486240

St Mary's Art Club

Tuesdays | 1:30^{pm} to 3:30^{pm}

St Mary's Parish Centre, off Burlington Street

All welcome to take part in the workshop format. £2.00 per session. Info: Joe Evans via the parish office **bath.stmary@cliftondiocese.com**

Bridge

Bridge Club

Tuesdays | 7:00^{pm} to 10:00^{pm}

Weston Parish Hall

We are a small group of friendly people who enjoy a social game of bridge once a week. We cannot take absolute beginners but we encourage those who have a good idea of the game to come and mix in with us. We have a refreshments break half way through the evening. The hall has toilet facilities and a kitchen, but can be a little chilly, so come warmly clad! New players are always welcome. If anyone is interested but does not yet know how to play please contact Ros who will give you a contact for a Beginners Course which you would need to do before you join a regular club.

roskeypugh@yahoo.co.uk or

01225 427525. We each pay £2 per week to cover the cost of our equipment and hall hire.

Venues for hire

All Saints Centre

High Street, Weston, Bath, BA1 4BX

01225 470171

info@allsaintscentre.org.uk

www.allsaintscentre.org.uk

Weston Free Church Hall

At the roundabout at the top of Weston High Street

shirleyward@btinternet.com

07796 566173

Weston Methodist Church

Newbridge Hill, Bath, BA1 3PW

07850 623574

St Mary's Parish Centre

Off Burlington St, Burlington St,

Bath, BA1 2SA

bath.stmary@cliftondiocese.com

01225 314114

Weston Parish Hall

Church St, Bath, BA1 4BU

01225 338902

Weston Hub

Penn Hill Road, Weston, Bath, BA1 4EH

01225 470171

info@westonhub.org.uk

www.westonhub.org.uk

Weston Chiropractic Centre

Apthorp, Weston Rd, Bath, BA1 2XT

01225 423333

jane@apthorpcentre.com

www.apthorpcentre.com

For more information on these venues please check out our website - **www.wown.live**



Fitness, Dance and Fun

Kara Yoga Dance

Gentle Yoga and Movement

Mondays | 2:00^{pm} to 3:00^{pm}

Moravian Church Hall

Hatha Flow Yoga

Tuesdays | 9:10^{am} to 10:10^{am}

Moravian Church Hall

Wednesdays | 7:30^{pm} to 8:30^{pm}

The Parish Hall

Barre Fit

Wednesdays | 6:15^{pm} to 7:15^{pm}

The Parish Hall

All classes suitable for all levels of experience.

£72 for an 8 class pass valid for 10 weeks or £12 drop-in (£6 drop-in for first class).

Contemporary Dance

Saturday mornings monthly

10:00^{am} to 12:00^{pm}

Weston Hub, Weston

£16, £14 conc.

Contact Kara for more info and

booking info@karayogadance.com

07919 923405

www.karayogadance.com

Pilates for healthy backs

Wednesdays | 9:30^{am}

Weston Hub

Join us for this Pilates and Franklin Method class. Using balls and bands and Pilates exercises, this class will help you body become more mobile and flexible and to feel better! If you have stiffness in your joints, are prone to lower back pain and sciatica, then these classes will help you relieve some of those symptoms. Classes are £12 each. I look forward to welcoming you and helping you achieve a healthier more mobile body. Contact Margo 07939 994757 or check out www.wellbeingwithmargo.com

Vitality Pilates with Vivien

Tuesdays | 9:30^{am} and 11:00^{am}

Weston Methodist Church

Tuesdays | 6:00^{pm}

Newbridge Primary School

Enjoy the benefits of low impact exercise, improve stability, strength and flexibility. Develop your core and re-introduce balance and posture back into your body.

Come to my matwork classes for all ages, mixed ability and beginners.

Contact Body Control Pilates

certified Matwork teacher, Vivien

for further details and to book your

space. vivienmwaters@gmail.com

07976 409839

Hatha Yoga | with Joanna Lawrence

Wednesdays | 9:15^{am} to 10:15^{am}

Saturdays | 9:15^{am} to 10:15^{am}

Weston Free Church (main entrance)

A morning practice to unravel the body and re-activate your inner sparkle. Joanna's style of teaching is clear and informative, with an emphasis on breath and body alignment. Every class aims to bring the mind/body into balance through playful exploration of both the physical and spiritual aspects of yoga. Classes are suitable for beginners and improvers.

First class is FREE, so come and see.

Booking essential.

www.jd-holistictherapist.co.uk

07845 530723

Slimming World in Weston

Thursdays | 6:00^{pm}

Weston Parish Hall

07881 758292

princesssarahcarter@hotmail.co.uk

Movement and music

Thursdays | 10:30^{am} to 11:30^{am}

Moravian Church, Weston

Aimed at the Over 55's. A fun, FREE way to stay active, improve wellbeing, meet new people, improve fitness, relaxation and vitality. No experience needed. Mostly seated but with standing options. Dementia Friendly. If you are interested in joining us, or would like more information please contact Paula Smith on

07946 351997 Make a move charity

www.makeamove.org.uk

Bright Blue Yoga Classes

Weston Methodist Church

A variety of yoga classes with experienced yoga teacher, Georgie, encouraging enjoyable movement and rest, with alignment principals and personal experience firmly rooted in the practice. Classes are friendly and welcoming - and most are suitable for complete beginners. Please get in touch with Georgie to book a place!

Mondays

Postnatal Mum & Baby Yoga

11:00^{am} to 12:30^{pm}

Wednesdays

Slow Flow Yoga | 9:30^{am} to 10:30^{am}

Postnatal Mum & Baby Yoga

11:00^{am} to 12:30^{pm}

Pregnancy Yoga | 7:30^{pm} to 9:00^{pm}

Thursdays

Pregnancy Yoga | 6:00^{pm} to 7:30^{pm}

Days End Yoga | 8:00^{pm} to 9:00^{pm}

Saturdays (every 3 months)

Restorative Yoga | 1:30^{pm} to 3:00^{pm}

More info 07940 704850

www.brightblueyoga.co.uk

georgie@brightblueyoga.co.uk

[@bright_blue_yoga](https://www.instagram.com/bright_blue_yoga)



Fitness with Debbie

HITT | Tuesdays | 6:30^{pm}

Weston Free Church

Boxercise | Thursdays | 6:30^{pm}

Weston Free Church

A mix of pad and glove work.

Yogalates

Tuesday | 7:15^{pm}

Thursday | 7:15^{pm}

Weston Free Church

A combination of Pilates and Basic Yoga moves .

Any questions please call

07896 516658

SLC Pilates

Wednesdays | 7:30^{pm} and 8:35^{pm}

All Saints Centre, Weston

Group mat classes with Sarah.

Improve your posture. Free your body to move. Mat and equipment trained with MK Pilates. Other classes and 1 to 1 also available. Contact Sarah to book your place

sarah@slcpilates.fit

07879 607979

Hot Flush Disco

Thursdays | 6:15^{pm} to 7:15^{pm}

All Saints Centre

Classes for hot flush women who want to boogie. Tunes that make you want to move, suitable for all fitness levels, all two left feet movers welcome

Call Paula on **07946 351997** or go to **www.hotflushdisco.co.uk** to find out more and book a place.



Children and Youth

For Young People

All Saints Youth Work

All Saints Centre

Toast

Wednesdays term time

6:30^{pm} to 7:30^{pm}

For years 6-8. We have toast and snacks, develop friendships and learn what God has done for us and what he can do through us.

Rendezvous

Wednesdays term time

7:30^{pm} to 9:30^{pm}

For years 9-13. We have snacks, drinks, games and loads of fun! All this surrounded by times of worship, prayer, study, community building and a place to ask questions about Christianity.

Drop In

Every Monday | 3:00^{pm} to 5:00^{pm}

At the drop its all about having loads of fun and making new friends. We always have snacks and drinks! Table tennis, projected Xbox and switch + loads more!

For more information please contact All Saints Church Office

01225 447663

office@allsaintsweston.org.uk

Girlguiding

Looking for a way for your daughter to make new friends, have fun and grow her confidence? This is it. And because our activities are designed to be for all girls, there's a place for your daughter whatever her tastes or needs. Within Weston and Newbridge there are groups for Rainbows (4-7), Brownies (7-10) and Guides (10-14) meeting on weekday evenings at different local venues, whilst Rangers (14-19) meet in the city centre. To find out more about the activities for the individual sections, take a look at the Girlguiding website **www.girlguiding.org.uk** and register an enquiry for your daughter to join.

2nd Bath Boys' Brigade And Girls' Association

Weston Free Church (Moravian), High Street, BA1 4DB

NEW MEMBERS WELCOME - Come and join in with our Winter activities.

Mondays | 6:00^{pm} to 7:00^{pm}

Anchors - Boys and Girls Aged 5 to school year 3 - Play games, learn new skills, get into craft, listen to stories, gain badges and have fun.

Contact **mark@bathbb.org.uk**

07734 936018 for more information.

Mondays | 6:00^{pm} to 7:30^{pm}

Juniors - Boys and Girls in School years 4 to 6 - Take on challenges, get creative with crafts, make new friends, play games, learn to play an instrument, active weekends away, gain badges and have fun.

Contact **mark@bathbb.org.uk**

07734 936018 for more information.

Fridays | 6:15^{pm} to 7:15^{pm} | Band

7:30^{pm} to 9:00^{pm} | Company and

Seniors - Boys and Girls in school year 7 and over - Indoor activities:

Badges, games, art, craft, cookery, food gourmet nights, being together for fun, marching band, music.

Many badges to go for and learning skills for Life! Outdoor & Weekends:

Camping & canoeing weekends, Duke

of Edinburgh's Award, sport days,

get active & fun days, fundraising

events, kayaking, climbing, hikes,

orienteeing, summer camp (7 days).

Contact **rob@bathbb.org.uk**

07801 815592 for more information.

www.facebook.com/2ndbathbb

For Children

Sports Tots

Fridays | 9:30^{am} to 10:15^{am}

Oldfield Park Baptist Church

Run by Grace Church Bath in conjunction with @get_sported. £7 a session or £5 when booked per half term. More information on **www.gracechurchbath.org**



Little Dancers Children's Dance Classes

These relaxed fun-filled classes, incorporate different styles of dance and movement using a wide range of music. These classes help to improve musicality and co-ordination, and are about enjoying dancing.

Tuesday morning | All Saints Centre

Mini Ballet (2-3 yrs) | 9:30^{am}

Pre - school ballet (3-4yrs) | 10:10^{am}

Tuesday afternoon | Weston Hub

Level 1 Ballet (reception) | 4:00^{pm}

Level 2 Ballet (year 1) | 4:35^{pm}

Level 3 Ballet (year 2) | 5:10^{pm}

Junior Ballet (year 3) | 5:45^{pm}

The cost is £48 for the 12 week term

For further information or to book a place info@littledancersbath.co.uk

www.littledancersbath.co.uk

07803 173486

Emmanuel Church

Apsley Road, Newbridge

Tuesday during term time

1:30^{pm} to 3:30^{pm} | **Toddler Group**

Please check dates on our website too emmanuelchurchbath.org/toddler-groups

toddler-groups

Usually first Monday of the month

4:00^{pm} to 5:30^{pm} | **Messy Church**

If you're new to us, please check our website emmanuelchurchbath.org/messy-church or call to check that it is running **01225 428818**

"Cantamos"

Thursdays | 9:15^{am}

Weston Free Church

Would you like to learn Spanish in a fun way with your little ones? Join me in my Spanish singing sessions group You will learn a new language through songs and you will make new friends as well. For more info, please contact me by: learn@spanishwithvero.com

www.holavero.org

I am also very active in my social media, please follow me on:

Instagram: [learn_holavero](#)

Facebook: [Spanish with Vero](#)

Baby Sign Early Years Communication Tool

Would you like to be able to communicate with your baby or toddler before they can speak?

I do face to face sessions for parents at your home or any convenient venue for you in Bath. For more info, please contact me:

learn@holavero.org

www.holavero.org

Roundabout Stay and Play | Baby and toddler group

Weston Free Church

Fridays | 9:00^{am} to 11:30^{am}

Drop in any time and have a cuppa and a chance to meet new families in the area. Lots of activity centres including baby soft play area, reading area with lots of books, play house with kitchen and tea set and dolls, building blocks, cars with road mat. For a suggested donation of £2 per family there will be endless hot and cold drinks, fresh fruit cups for the little ones, biscuits and possibly cake. Everyone welcome.

Noah's Ark Preschool

Monday to Friday | 9:00^{am} to 3:00^{pm}

All Saints Centre, High Street

Noahs Ark Pre-School provides a warm and caring environment for children aged between 3 and 5 years. Priority is given to meeting the individual needs of each child, seeking to bring out their own special qualities and identity. Please see website for more details:

www.noahsarkweston.co.uk

07941 611417

noahsarkweston@hotmail.co.uk

103 at Weston Hub

Weston Hub, Penn Hill Road, Weston

103 Breakfast Club | For St. Mary's and WASPS children | 7:45^{am} to 8:45^{am}

103 Childcare | A wonderful preschool 9:00^{am} to 3:00^{pm}

103 After School Club | We collect children aged 5 to 11 from St Mary's

Catholic Primary and Weston All Saints schools | 3:15^{pm} to 6:00^{pm}

103 Holiday Club | 8:00^{am} to 6:00^{pm}

We offer hourly rates; sibling discount; occasional care and flexibility. Contact Emily White on **07902 099777**

mrsefamilywhite@yahoo.co.uk or

Jane Gooding on **07712 212070**

countrybuntings@hotmail.com

Peter Pan Pre-School

Tuesday to Friday | 9:15^{am} to 3:30^{pm} during term time

Weston Methodist Church Hall, Kennington Road, BA1 3EA

For children from 3 to school age. 15/30 hours Early Years Funding from the term after children's 3rd birthday. We also have a small number of places for children with 2 year old funding. We have been a thriving community setting for over 40 years. Find out more at

www.peterpanpreschoolbath.co.uk

or email to arrange a visit peterpanpreschoolbath@gmail.com

01225 481259

Applications now being taken for starts in **September 2023** and **January 2024**.

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If you would like to arrange a visit, please call us on **01225 421786** or email us at

admissions@waspschool.org.uk

www.wasp-school.org.uk





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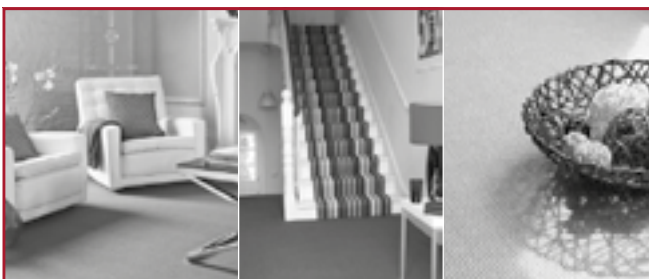


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